

## Lake Placid Olympic Oval Track Records

<b>Men</b>	Event	Time	Holder	Nation	Date Set	Event
	500 m	38.01	Nick Thometz	USA	1/24/1987	World Cup
	1000 m	01:15.08	Eric Heiden	USA	2/19/1980	Olympic Games
	1500 m	01:55.44	Eric Heiden	USA	2/21/1980	Olympic Games
	5000 m	07:02.29	Eric Heiden	USA	2/16/1980	Olympic Games
	10000 m	14:28.15 *	Eric Heiden	USA	2/23/1980	Olympic Games
<b>Women</b>						
	500 m	40.09	Bonnie Blair	USA	1/24/1987	World Cup
	1000 m	01:24.38	Seiko Hashimoto	JPN	2/4/1990	World Cup
	1500 m	02:10.23	Yelena Lapuga	URS	2/5/1989	World Championship
	3000 m	04:32.13	Bjørg Eva Jensen	NOR	2/20/1980	Olympic Games
	5000 m	07:58.23	Gunda Kleeman	GDR	2/5/1989	World Championship

\* indicates World Record